

## POETRY GUIDELINES

for *The Christian Science Journal*, *Christian Science Sentinel*,  
and *The Herald of Christian Science*

---

The editors look for original poems that offer healing inspiration to readers. As you consider submitting your poetry to the periodicals, you may find it helpful to ask yourself the following questions:

- Does your poem share a distinctly Christian Science message?
- Does your poem share a love for God and man?
- Does your poem keep with one clear theme or topic?
- Does your poem move the reader to a new or deeper spiritual perception?
- Is your poem understandable? Are the references and context clear?
- Is your poem relatable and accessible to those who may not be familiar with poetry?
- Is each word necessary to furthering the message of your poem?

A note about the form of the poem: We are open to all types of poetry including contemporary styles, such as free verse and prose poetry, and traditional styles, such as sonnets and odes. Rhyming, rhythm, meter, syllable count, punctuation, number of lines, number of stanzas, and line formation are at the author's discretion. Keep in mind that the form should reflect the tone and subject of the poem. Some poems may also require more collaborative work with the editors.

To see previously published poems from *The Christian Science Journal*, *Sentinel*, and *Herald*, please go to [JSH-online.com](http://JSH-online.com) and search for POEMS—or see our latest book on poetry, *Boundless Light*, available online or at any Christian Science Reading Room.